



FREE HEALTH SCREENING EVENT

PLAN PARTICIPANTS AND SPOUSES SCREEN FOR FREE!



**Saturday, September 26
11:00 AM - 3:00 PM**

**Riley Anne Manor
1159 Wildwood Church Rd
Pembroke, GA 31321**



SCHEDULE YOUR APPOINTMENT (REQUIRED)



Call (515) 244-3080



hgscreenings.com/UA188



Scan the QR code

*See reverse for list
of screenings offered*

HEALTH SCREENINGS

FASTING IS **OPTIONAL**, NOT REQUIRED.

Ultrasound

Carotid Artery

Visualizes the buildup of fatty blockage in the carotid arteries (neck). This condition causes the majority of strokes.

Peripheral Artery Disease (ABI)

Checks for blockages in the legs. Abnormal results indicate high risk of coronary artery disease and peripheral artery disease.

Abdominal Aortic Aneurysm (AAA)

Visualizes the existence of an aneurysm in the abdominal aorta, which could rupture and be fatal.

Biometrics & Blood Tests

Biometrics

Height, weight, waist/hip circumference, body mass index, blood pressure, and pulse.

Lipid Panel with Glucose and Full Chemistry Panel

Provides high-level evaluation of the body's major organ functions.

Hemoglobin A1c

Average blood sugar (glucose) for the last 3 months. Primary screening tool for prediabetes, type 1 diabetes, and type 2 diabetes.



PRE-EVENT

- **Sign up** for your screening appointment using the online scheduling system or call the number for our dedicated scheduling center. (All info below.)



DAY OF EVENT

- You will be **greeted** by our staff and asked to sign a consent form. We are **happy to answer** any questions you have about the process.
- You will be guided to each screening station and will receive an **explanation of screenings** and results as you go through the event.
- All **ultrasound screening** results will be provided to you at the event.



POST-EVENT

- Results from **all screenings** will be available in our secure online portal in 10-14 business days.
- Participants who were identified with health risks are supported with **follow-up** options.



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YOUR HEALTH
IS OUR PRIORITY