



FREE HEALTH SCREENING EVENT

FREE TO Members, Spouses & Retirees covered under Health & Welfare Plan

NOVEMBER 7, 2026

7:00am - 2:00pm

LOCATION

Joint Apprenticeship
Training Center
500 66th Ave SW
Cedar Rapids, IA 52401



APPOINTMENTS REQUIRED
SCHEDULE ONLINE

**ALLOW 1 HOUR FOR
SCREENING.**



SCAN ME



HEALTH GAUGE
(515) 244-3080

**YOUR HEALTH IS
OUR PRIORITY!**

STRONG WORK. STRONG HEALTH. STRONGER FUTURES.



**Brad G.
Laborers 177**

We have had members whose lives were saved because a serious health issue was detected early, often before they had any symptoms. I've also watched many members make meaningful lifestyle changes after learning about their health risks, leading to dramatic improvements in their health and quality of life. This is one of the most valuable benefits our Health Fund provides at no cost to eligible members.

ULTRASOUND

CAROTID ARTERY

Visualizes the buildup of fatty blockage in the carotid arteries (neck). This condition causes the majority of strokes.

PERIPHERAL ARTERY DISEASE (ABI)

Checks for blockages in the legs. Abnormal results indicate high risk of coronary artery disease and peripheral artery disease.

ABDOMINAL AORTIC ANEURYSM (AAA)

Visualizes the existence of an aneurysm in the abdominal aorta, which could rupture and be fatal.

BLOODWORK

Chemistry & Lipid Panel with Glucose

Provides high-level evaluation of the body's major organ functions.

Hemoglobin A1c

Average blood sugar (glucose) for the last 3 months. Primary screening tool for prediabetes, type 1 diabetes, and type 2 diabetes.

Prostate-Specific Antigen Test (PSA) for Men

Thyroid Stimulating Hormone (TSH) for Women

Complete Blood Count (CBC w/ Platelets)

PRE-EVENT



Sign up for your screening appointment using the online scheduling system or call the number for our dedicated scheduling center. (All info below.)

DAY OF EVENT



You will be greeted by our staff and asked to sign a consent form. We are happy to answer any questions you have about the process.

You will be guided to each screening station and will receive an explanation of screenings and results as you go through the event.

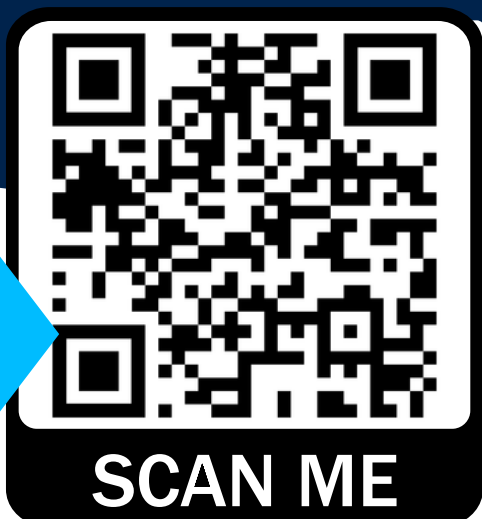
All ultrasound screening results will be provided to you at the event.

POST EVENT



Results from **all screenings** will be available in our secure online portal in 10-14 business days.

Results from **all screenings** will be available in our secure online portal in 10-14 business days.



HEALTH GAUGE
(515) 244-3080

**YOUR HEALTH IS
OUR PRIORITY!**