



# FREE HEALTH SCREENING EVENT

PLAN MEMBERS, SPOUSES, DEPENDENTS, AND RETIREES



**Friday, October 2**  
**Saturday, October 3**  
6:00 AM - 12:00 PM

**Primo Banquet Hall**  
**2615 National Ave**  
**Indianapolis, IN 46227**



## IBEW 481 MEMBER

I had been putting off attending the annual health fair for years, but this year I finally made my appointment, and it saved my life. During the biometric screening, the nurse found I had dangerously high blood pressure. They connected me with tools to monitor it, and when I followed up with my doctor, I was immediately admitted to the hospital. It turned out I had a serious condition that could have led to a heart attack or stroke. Thanks to the health fair, my condition was caught in time. I'm now on treatment, feeling better, and moving in the right direction. Without it, I might not be here today.



## SCHEDULE YOUR APPOINTMENT (REQUIRED)



(515) 244-3080



<https://IBEW481.timetap.com>



Scan the QR code

*See reverse for list  
of screenings offered*

# HEALTH SCREENINGS

FASTING IS **OPTIONAL**, NOT REQUIRED.

## Ultrasound

### Carotid Artery

Visualizes the buildup of fatty blockage in the carotid arteries (neck). This condition causes the majority of strokes.

### Peripheral Artery Disease (ABI)

Checks for blockages in the legs. Abnormal results indicate high risk of coronary artery disease and peripheral artery disease.

### Abdominal Aortic Aneurysm (AAA)

Visualizes the existence of an aneurysm in the abdominal aorta, which could rupture and be fatal.

## Blood Tests

### Chemistry Panel

### Lipid Panel with Glucose

### Hemoglobin A1c

### Complete Blood Count with Platelets

### Vitamin D

### General Oncology Markers

### Total Testosterone

### Prostate Specific Antigen (PSA) - Men

### Thyroid Stimulating Hormone - Women



## PRE-EVENT

- **Sign up** for your screening appointment using the online scheduling system or call the number for our dedicated scheduling center. (All info below.)



## DAY OF EVENT

- You will be **greeted** by our staff and asked to sign a consent form. We are **happy to answer** any questions you have about the process.
- You will be guided to each screening station and will receive an **explanation of screenings** and results as you go through the event.
- All **ultrasound screening** results will be provided to you at the event.



## POST-EVENT

- Results from **all screenings** will be available in our secure online portal in 10-14 business days.
- Participants who were identified with health risks are supported with **follow-up** options.



## SCHEDULE YOUR APPOINTMENT (REQUIRED)



(515) 244-3080



<https://IBEW481.timetap.com>



Scan the QR code



YOUR HEALTH  
IS OUR PRIORITY