HEALTH GAUGE

FREE HEALTH SCREENING EVENT

ACTIVE MEMBERS, NON-MEDICARE PARTICIPANTS & SPOUSES SCREEN FREE!

Friday, October 23rd, 2026

11:00 AM - 7:00 PM

Painters & Allied Trades District Council 7
S68 W22665 National Ave
Big Bend, WI 53103

— Local 120 Member

"My husband and I expected all of our health screening results to be normal. Instead, one blood test revealed an elevated cancer marker. Before I even reviewed my lab results, Health Gauge personally called to encourage me to follow up with my doctor. Further testing revealed early-stage cervical cancer.

My doctor told me that without this screening, it likely wouldn't have been discovered until a much later stage. Early detection made all the difference.

Please take advantage of these health screenings when they're offered. They truly saved my life—and they could save yours too."

SCHEDULE YOUR APPOINTMENT (REQUIRED)

Call (515) 244-3080

Go to https://painters781.timetap.com

Scan the QR code

See reverse for list of screenings offered

HEALTH SCREENINGS

FASTING IS **OPTIONAL**, NOT REQUIRED.

Ultrasound + EKG

Carotid Artery
Visualizes the buildup of fatty blockage in the carotid arteries (neck). This condition causes the majority of strokes.

Peripheral Artery Disease (ABI)
Checks for blockages in the legs. Abnormal results indicate high risk of coronary artery disease and peripheral artery disease.

Abdominal Aortic Aneurysm (AAA)
Visualizes the existence of an aneurysm in the abdominal aorta, which could rupture and be fatal.

Atrial Fibrillation (EKG)
Used to detect irregular heartbeat (a major risk factor for stroke). This is performed by attaching EKG electrodes around your wrists and ankles

Bloodwork & Biometrics

Chemistry Panel
Lipid Panel with Glucose
Hemoglobin A1c
High Sensitivity CRP
Vitamin D
General Oncology Markers
Prostate Specific Antigen (PSA) - Men
Thyroid Stimulating Hormone (TSH)
Complete Blood Count (CBC) with Platelets

PRE-EVENT

- **Sign up** for your screening appointment using the online scheduling system or call the number for our dedicated scheduling center. (All info below.)

DAY OF EVENT

- You will be **greeted** by our staff and asked to sign a consent form. We are **happy to answer** any questions you have about the process.
- You will be guided to each screening station and will receive an **explanation of screenings** and results as you go through the event.
- All **ultrasound screening** results will be provided to you at the event.

POST-EVENT

- Results from **all screenings** will be available in our secure online portal in 10-14 business days.
- Participants who were identified with health risks are supported with **follow-up** options.

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YOUR HEALTH IS OUR PRIORITY