HEALTH GAUGE

FREE HEALTH SCREENING EVENT

MEMBERS, SPOUSES, DEPENDENT'S 18+ COVERED UNDER THE HEALTH PLAN

KNOW YOUR NUMBERS.
KNOW YOUR HEALTH.

MEN'S PANEL
PROSTATE-SPECIFIC ANTIGEN (PSA) INCLUDED

MEN'S PANEL INCLUDES PROSTATE SPECIFIC ANTIGEN (PSA)

SCHEDULE YOUR APPOINTMENT TODAY



Wednesday, December 2nd

12:00PM - 7:00PM

IBEW LOCAL 13 UNION HALL
1205 N. Central Ave
Burlington, IA 52601

— John Weyer
IBEW Local 13 | Retired Member & Former Trustee

"These screenings can detect health concerns before you even know they exist. I can personally attest, both as a member and former trustee, to the life-saving impact these screenings can have. Early detection truly saves lives."

SCHEDULE YOUR APPOINTMENT (REQUIRED)

Health Gauge (515) 244-3080

https://hgscreenings.com/ibew13/

Scan the QR code

See reverse for list of screenings offered

HEALTH SCREENINGS

FASTING **OPTIONAL**. NOT REQUIRED.

Ultrasound

Carotid Artery
Visualizes the buildup of fatty blockage in the carotid arteries (neck). This condition causes the majority of strokes.

Peripheral Artery Disease (ABI)
Checks for blockages in the legs. Abnormal results indicate high risk of coronary artery disease and peripheral artery disease.

Abdominal Aortic Aneurysm (AAA)
Visualizes the existence of an aneurysm in the abdominal aorta, which could rupture and be fatal.

Biometrics & Blood Tests

Biometrics
Height, weight, waist circumference, body mass index (BMI), blood pressure.

Lipid Panel with Glucose and Full Chemistry Panel
Provides high-level evaluation of the body's major organ functions.

Hemoglobin A1c
Average blood sugar (glucose) for the last 3 months. Primary screening tool for prediabetes, type 1 diabetes, and type 2 diabetes.

Prostate-Specific Antigen Test (PSA) for Men
Measures prostate-specific antigen (PSA) levels to help detect potential prostate abnormalities, including changes that may warrant further evaluation for prostate cancer.

PRE-EVENT

- **Sign up** for your screening appointment using the online scheduling system or call the number for our dedicated scheduling center. (All info below.)

DAY OF EVENT

- You will be **greeted** by our staff and asked to sign a consent form. We are **happy to answer** any questions you have about the process.
- You will be guided to each screening station and will receive an **explanation of screenings** and results as you go through the event.
- All **ultrasound screening** results will be provided to you at the event.

POST-EVENT

- Results from **all screenings** will be available in our secure online portal in 10-14 business days.
- Participants who were identified with health risks are supported with **follow-up** options.

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YOUR HEALTH IS OUR PRIORITY