HEALTH GAUGE

FREE HEALTH SCREENING EVENT

MEMBERS, SPOUSES, DEPENDENT'S 18+ COVERED UNDER THE HEALTH PLAN

KNOW YOUR NUMBERS.
KNOW YOUR HEALTH.

MEN'S PANEL INCLUDES PROSTATE SPECIFIC ANTIGEN (PSA)

MEN'S PANEL
PROSTATE-SPECIFIC ANTIGEN (PSA) INCLUDED

SCHEDULE YOUR APPOINTMENT TODAY

Sunday, December 6th

8:00AM - 3:00PM

IBEW LOCAL 95 UNION HALL
3316 S Main St
Joplin, MO 64804

— Donny Lampen
IBEW Local 95 | Business Manager/Financial Secretary

Members, engaging in the health screening is crucial and could pinpoint potential health concerns before they become more serious. I encourage every member to take advantage of this valuable benefit.

SCHEDULE YOUR APPOINTMENT (REQUIRED)

Health Gauge (515) 244-3080

https://hgscreenings.com/ibew95/

Scan the QR code

See reverse for list of screenings offered

HEALTH SCREENINGS

FASTING **OPTIONAL**. NOT REQUIRED.

Ultrasound

Carotid Artery
Visualizes the buildup of fatty blockage in the carotid arteries (neck). This condition causes the majority of strokes.

Peripheral Artery Disease (ABI)
Checks for blockages in the legs. Abnormal results indicate high risk of coronary artery disease and peripheral artery disease.

Abdominal Aortic Aneurysm (AAA)
Visualizes the existence of an aneurysm in the abdominal aorta, which could rupture and be fatal.

Biometrics & Blood Tests

Biometrics
Height, weight, waist circumference, body mass index (BMI), blood pressure.

Lipid Panel with Glucose and Full Chemistry Panel
Provides high-level evaluation of the body's major organ functions.

Hemoglobin A1c
Average blood sugar (glucose) for the last 3 months. Primary screening tool for prediabetes, type 1 diabetes, and type 2 diabetes.

Prostate-Specific Antigen Test (PSA) for Men
Measures prostate-specific antigen (PSA) levels to help detect potential prostate abnormalities, including changes that may warrant further evaluation for prostate cancer.

PRE-EVENT

- **Sign up** for your screening appointment using the online scheduling system or call the number for our dedicated scheduling center. (All info below.)

DAY OF EVENT

- You will be **greeted** by our staff and asked to sign a consent form. We are **happy to answer** any questions you have about the process.
- You will be guided to each screening station and will receive an **explanation of screenings** and results as you go through the event.
- All **ultrasound screening** results will be provided to you at the event.

POST-EVENT

- Results from **all screenings** will be available in our secure online portal in 10-14 business days.
- Participants who were identified with health risks are supported with **follow-up** options.

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YOUR HEALTH IS OUR PRIORITY